

Empire State College

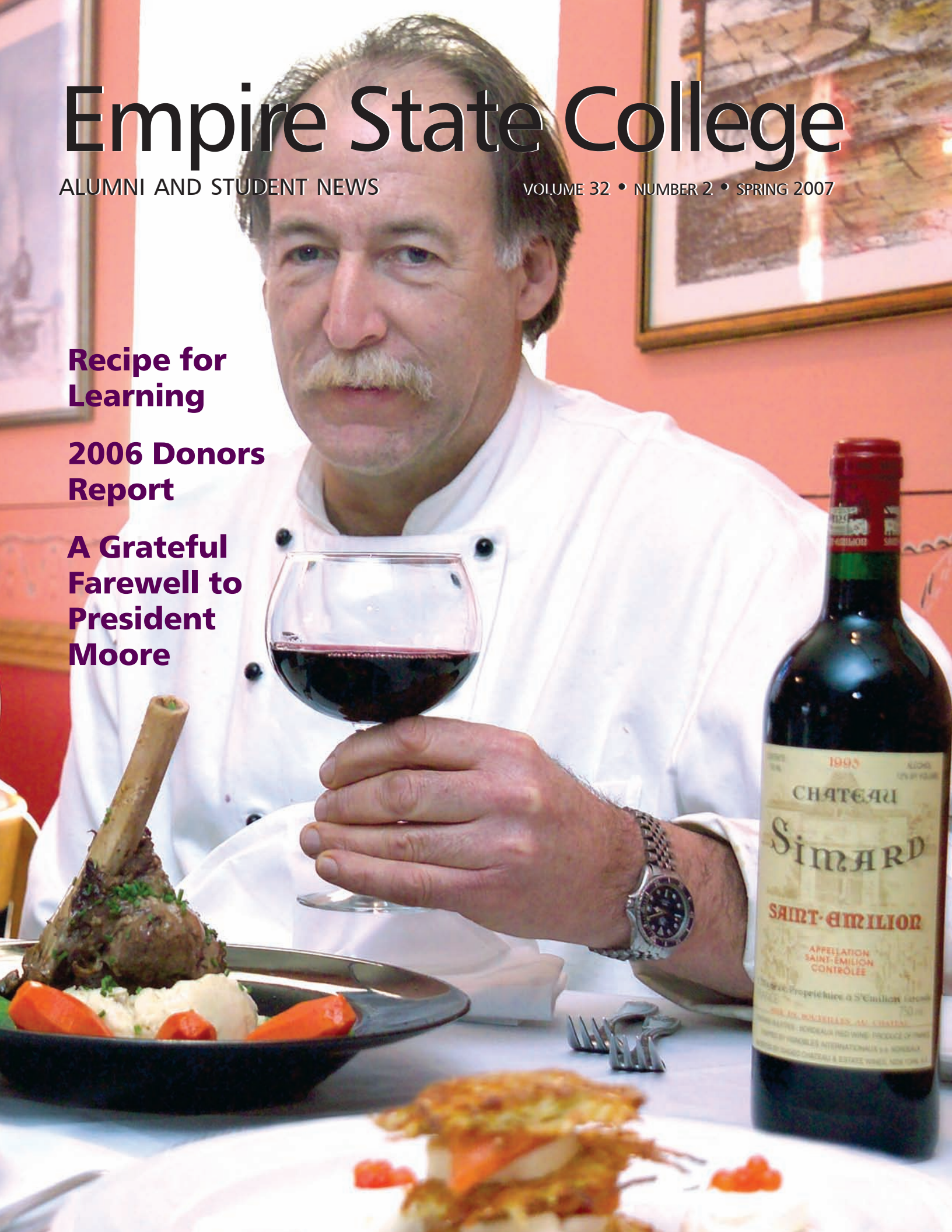
ALUMNI AND STUDENT NEWS

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Recipe for Learning

2006 Donors Report

A Grateful Farewell to President Moore



C o n t e n t s

FEATURES

Upfront 1

From a Chef’s Perspective 2

Healthy Dining with Finesse 3

Food is Hot in Arizona 5

Blending Haute Cuisine with Higher Education 7

Business Couldn’t Be Sweeter 10

Evolution of a Pastry Chef 11

Building an Industry with Heart and Determination 13

Working with a Snack and Beverage Giant 14

AROUND EMPIRE STATE COLLEGE

College News 15

Faculty News 16

Alumni News 19

Back to You 21

Come to Saratoga this Summer!

Join us for
Empire State College’s annual
Day at the Races

August 17, 2007.

See inside of the back cover
for details.



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Pass the Colander

By Deborah Smith

One morning on my way to work, the local radio station played their version of “Battle of the Sexes.” A man and a woman tried to answer various questions: The man didn’t know that OPI makes nail polish, or that Jimmy Choos are women’s shoes. The woman didn’t know what NASCAR stood for, or the hero of the latest action-adventure movie.

The host next asked the man if he knew where a colander is kept. This guy won by knowing a colander is in the kitchen, used to drain spaghetti after cooking. It’s a food question, really. Last time I checked the Food Network on cable, men and women were knee deep in edibles.

Whether you grow your own garden, go out for a meal or just watch folks like Alton Brown (Good Eats) delve into the chemistry of cookery on the tube, food is a huge part of our society. While obesity prompts us to consider the wise use of food, it’s far more than just calories in, energy out. The Italians would say that food is *buon cibo*; if it’s not excellent, it’s not worth eating. Even my Irish mother-in-law, who dubs her cooking “burnt offerings,” knows we eat her food because it tastes good.

Food is flavor, experience, novelty, color and culture, all on a plate. After all, part of the great banquet of life is what we eat. I’ve discovered amazing things in my travels: rose-flavored ice cream in the Middle East, Spanish drinking chocolate, Canadian smoked meat sandwiches, Armenian quail eggs on toast. In the Capitol region where I live, the treats are endless due to the influx of cultures and cuisines that populate upstate New York and nearby New England. Each group has its taste of home, its way of saying welcome with food, its unique contribution to the cornucopia we call America.

When I travel, I bring food back home. Off I go: my bags lined with bottles of maple syrup for my friends abroad, or packets of Lake Champlain Chocolates from Vermont, where my sister Kathleen lives. Back I come: with boxes of Irish tea and packets of potato farls, containers full of delicious Lebanese sweets, buttery croissants from Montreal, handmade pasta from all over Italy, bottles of clear green Umbrian olive oil or jars of Greek honey with walnuts. Needless to say, my family, as the recipient of the meals I make with all this bounty, never complained about anything I’ve brought from abroad and cooked for their dinner.

That only captures part of the experience though. Sometimes food tastes better when you eat it there. Drink a Guinness in America, then enjoy one in Ireland and you’ll see exactly what I mean. Sometimes you have to be there, because food completes the whole picture. It’s wonderful to try the gorgeous fruit tarts the Germans make, or begin your day in Santorini with pastries still warm from the oven, on a bench overlooking the deep blue Adriatic Sea.

Arabic jelah juice, served during Ramadan with a spoonful of pine nuts floating on top, is a favorite of mine. Sfogliatelle, those shell-shaped Italian pastries, I enjoy in Naples – they are soft, filled with cheese and fruit slices, or cheese and meat, and delicious enough to eat endlessly. But in the late summer? A sandwich of ripe tomatoes from your own garden, with mayonnaise and bread, is the best lunch on the planet.

(continued on page 6)



From a Chef's Perspective

Keith Schroeder '06, C.E.C., Executive Chef
Sheraton Gateway Hotel Los Angeles

Empire recently interviewed Keith Schroeder, executive chef of Sheraton Gateway Hotel Los Angeles, to discover his style and what it's like to command the kitchen in a large hotel.

Q. What educational background does one need to become a chef?

A. It helps to have a formal culinary school education, but isn't necessary. What most people don't realize, however, is how many ways the word "chef" can be applied. Some are primarily cooks, running small restaurants and creating food most of their days. For many, the job is primarily administrative, where chefs develop menus, train cooks, and are highly responsible for financial performance. Restaurant chefs need substantially different skill sets from hotel chefs, culinary school chefs and hospital chefs.

It is such a demanding job from all angles (financial, physical, tactile, etc.) that one needs to be either very well rounded or very well educated – or both.

Q. When did you discover that you wanted to be a chef, or that you enjoyed cooking?

A. When I was an elementary school student, my friends and I would come to my house after school and invent world-class snacks. My mother also was a huge influence on me. She would include me in cooking activities for all of the family gatherings.

I never really knew that I wanted to be a chef, though. I have always said that cooking (as a craft) goes out and finds its ambassadors. It was my college sweetheart (now my wife) who helped guide me into the kitchen when I wasn't quite sure of what direction I wanted to go in life.

Q. Where was your upbringing like?

A. I grew up on the South Shore of Long Island – Sayville. My parents were divorced when I was four years old. I have a

very hard-working, entrepreneurial stepfather, who has been an immense inspiration and influence on my life. My father is a successful (retired) school administrator who I admire greatly as well. He has an immense amount of charisma and an uncanny ability to inspire. My mother is an absolute perfectionist and a wonderful friend. I have tried to borrow elements from all of them in my life.

I was always reasonably rebellious and independent, and very much into rock and roll. The kitchen environment allows me to hold onto that rebellion and rock and roll adrenaline.

Q. How did you start out in your career?

A. My first job was at the Cull House, a small bayside restaurant in Sayville. I was 14, and a dishwasher there.

Q. What types of food seem to be in demand with diners today? Is it regional?

A. It's hard to say. Seafood and Italian are statistically popular, but here in California, so are Latino and various Asian flavors. What is exciting for me to see is the level of identity many American regions are developing, largely due to very talented chefs "coming home." Chef Frank Stitt in Alabama, for instance, is one of the most definitive American regional chefs in the country.

I think the South is largely misunderstood, and has by far the most bold and independent identity of any American region. I will return there sometime in my career.

Q. What do you love about what you do?

A. I love teaching and developing others. There is nothing more satisfying than helping someone who needs guidance achieve their dreams. The intimacy of the kitchen environment allows a level of teamwork and closeness that cubicles and office spaces could never allow.

Q. What was your most challenging recipe/meal?

(continued on page 12)

Healthy Dining with Finesse

Daniel Smith '05, C.E.C., Executive Chef, Nicole's Bistro



At 6'5", it's no surprise that the first time Daniel Smith '05 attended college, it was on a basketball scholarship. However, he found the academics less than inspiring feeling that it was his athletic prowess, rather than his intellect, that was prized. So he dropped out of college and was drafted into the Army at the twilight of the Vietnam War. While he didn't have to see action in the war, he found that the military life suited him, and stayed on to travel to Germany, France, Switzerland and Austria. As someone who came from a family that valued fine cuisine (his mother is a Russian immigrant) he was "flabbergasted by the food climate," in Europe, and determined that when he fulfilled his duty to the military, he would return as a civilian.

He did return six months after he got out of the service, and enrolled in a branch of an American university, taking classes with an eye to becoming a chef, and earning a degree in restaurant management. He spent a total of five years in Europe, graduating as a certified executive chef from the prestigious La Varenne Ecole de Cuisine, in Paris. (French cooking is the foundation for most formal cuisine, notes Smith). The next five years were spent working his way across Europe in restaurants

One of the chef's sumptuous offerings from Nicole's Bistro.

(continued on page 4)

Healthy Dining

(continued from page 3)

in France and Germany, and becoming closely affiliated with the European chapter of the American Culinary Federation, whom he represented in the 1980 Culinary Olympics, garnering a bronze medal for his team.



Nicole's Bistro in Albany

Although he enjoyed Europe, and valued the “almost punitively expensive” culinary education he received, there were cultural issues (exacerbated by the politics of the time) and language barriers that made him yearn for home. Then there was the fact that although the French loved many things American, “they were not that friendly.”

Eventually, with a wife and two small children to support, Smith returned to New York, to be close to his relatives in his hometown of Phoenicia, in the Catskills – and almost as important, to be close to the “culinary Mecca of this country” – Manhattan.

It was at this point that his career took a pivotal turn. While considering a number of intriguing offers from restaurants in the city, someone referred him to Chef Eugene Bernard, a Basque master chef who had cooked for royalty, including the Shah of Iran and emperor of Singapore. As Smith was quoted in an article in a Hudson Valley newspaper,

“He’d heard about this cocky young American chef who’d just trained in Europe.” While the older man was looking for someone who he could mentor and pass the baton to, the younger chef was equally eager to learn. “He grabbed me – I was best described as an unpolished gem, and he took everything I had done up to that point and molded me like a piece of clay. He was the one who made me a chef.”

At the time, Bernard was executive chef at a prominent Catskills restaurant, Rudi’s Big Indian. The restaurant had an eclectic menu, a mélange of European and American-style cuisine, and it was a pioneer in serving

healthy, fresh food, using raw sugar, alfalfa sprouts and raw vegetables.

After Bernard died, Smith became the executive chef at Rudi’s, and building upon his mentor’s work, developed a loyal clientele consisting of people from the city who enjoyed fine cuisine, and local professionals. Still, he was ready to move on after six years.

Next stop: The historic Beekman Arms, America’s oldest continually operated inn, where Smith served as executive chef for two years. Smith considers it his training ground for his next leap – a restaurant of his own.

He opened The Thymes in Kingston in 1989, settling in a turn-of-the-century

Chef Daniel Smith’s Pumpkin Flan

16 Servings
(two – 9” cake pans)

INGREDIENTS

2 cups pumpkin puree
10 eggs
1 cup brown sugar
1/2 cup sugar
3 cups milk
2 cups heavy cream
1 tsp. cinnamon
1/2 tsp. ground ginger
1 tbsp. vanilla extract
3 cups sugar – caramelized to line the pans

METHOD

1. Caramelize the sugar to amber color and pour into molds. Swirl around to coat the bottom and as much of the sides as possible. Pour off excess. (Be careful.)
2. Beat the eggs with both sugars till well blended and somewhat dissolved.
3. Add remaining ingredients, mix well and divide into the two pans.
4. Bake in a water bath for approximately 45 minutes at 375 degrees. (Until the custard is set, test by jiggling the pan lightly.)
5. Allow to chill for 6 - 8 hours or overnight.

building previously called the City Hotel. In his bio, he explains: “We chose uptown Kingston because it’s the business and government center of the county, and we sought a clientele there who would appreciate that we had something a bit out of the ordinary to offer.” He continued on the path he had helped forge at Rudi’s concentrating on upscale,

(continued on page 9)

Guest Essay

By Patricia Ingram '84

Food is *Hot* in Arizona



This is a vibrant culinary market – and I am right in the middle of it.

The Food Service Industry is *hot* in the Phoenix, Arizona metro area. Tourism is our big business. Resorts, spas, golf courses, private residential enclaves for the wealthy, fill the landscape. The trendy, fancy and locally owned restaurants that go along with all that are plentiful.

We also host some of the premier events in the country, The Phoenix Open, Barret-Jackson Auto Auction and yes – there are major culinary festivals as well. The local culinary schools (there are at least five) cannot graduate chefs fast enough. Our local celebrity chefs number somewhere in the 30 to 40 range.

Well, I really am going on and on but this is a vibrant culinary market – and I am right in the middle of it as a food service broker.

The 411 on Food Brokers

I'm not a culinarian or restaurateur. Heck, I don't even have a food handler's card. But I know my way around "the back of the house" and I fear no flattop or fryer. I'm

a food service broker (FSB), actual title: broker sales rep (BSR). Don't feel bad if you don't know what that is, most chefs and food service people don't know either. Here goes the explanation, try to keep up because it is a circuitous route.

An FSB contracts with a food company (manufacturer) to represent them for the sales and marketing of their products in a given market. Most of their products are further processed food in 10- to 30-pound frozen cases. One of our largest manufacturers is an international potato and appetizer company. French fries rule. And, yes, I *can* carry 30-pound cases.

We currently represent about 35 manufacturers, and are paid a commission on percentage of sales. Either party can revoke a contract at any time with a 30-day notice. Oh, by the way, we have about eight or nine broker sales reps to cover all those manufacturers in this huge Phoenix metro market. This is a crazy business of smoke and mirrors. No one says it out loud, but with so few people it's not really possible to execute.

(continued on page 6)

Food is Hot

(continued from page 5)

First, you creatively “sell” to your manufacturer that you are up to doing the job. Sales reports won’t help you tell the story. You have to be a spy and constantly be aware of what all the competitive manufacturers and their brokers are doing and report that, along with sales info, back to your manufacturer.

Second, you’re selling to the all-powerful food service distributor. An FSB slots, takes orders and delivers the food to the food service operator. They are the group we all love to hate because they have the power. We all jump up and down acting like we can force them to do what we want, but the reality is they control what goes into their warehouse and what gets promoted. Market money, promotional dollars, programs ... I could go on but you get the picture of what is needed to get products into the slots of a distributor.

Distributors also do an endless amount of sales meetings, VIP tours, trainings and the trade shows that take two days to put together and two days for the show. Yes, those same eight or nine people, with maybe a few more, do all the work.

Third, selling is “on the street.” In other words, packing samples and calling on restaurants and food service operators. A call could be a white tablecloth, a sandwich deli, a gourmet burger place, a wine bar or the newest trend in the business, the make and bake places.

These are storefront facilities set up as commercial kitchens with chefs to help you prep and package restaurant food to take home. At last count we have 14 different chains opened in this market!

So there’s the 411 on what the food service broker business is all about. I’ll talk about a day in the life of a broker next. But first a bit about how I got in this business.

About Me

I graduated from Empire State College at Buffalo in 1984 with a degree in advertising art. I was 40. That same year I moved my family to Arizona (single mom, four kids). A few years later, I was the director of advertising and marketing

for a retail food chain that had a 36 percent market share and a huge ad budget. I was well paid and enjoyed all the perks that come from being the largest local advertiser in town. Ah, it was fun while it lasted, but the chain got sold and absorbed by one of the big guys. In 1999, I thought since I had a background in the food business and regularly worked with retail food brokers why not give being a food service broker a shot?

I was used to marketing and positioning products to reach an intended target. With a little help from some chefs in the family, and my daughter who had a career as a front-end manager for several restaurants, I marketed myself into the food service biz.

I should have known it would be a wild ride when the sales manager said she would let me get settled and work with a few of the sales people for a few weeks. On my training day with her she took me to a few of her old accounts and declared: there – you’re trained. She said she opened the door for me and she thought I had the right stuff. All I needed to do was to learn about the food and how to get in to see the operators. Done.

A Day in the Life of a BSR

Here’s what would be a typical day for me: To work by 7:30 at the latest to pack my samples in coolers and load the car for the days calls. Hopefully, the sample guy has my stuff that I requested on my shelf in the freezer. He is a 19-year-old who thinks we are nuts to do what we do. He is studying to be a firefighter.

You can’t make calls from 11:00 a.m. to 1:30 p.m. or from 4:30 on. So you have to hustle.

I meet up with a BSR. His morning calls are with a very high-end steak house in North Scottsdale. Not the food served to guests but employee meals 1,000 per week ... I’ll take it.

Next a \$10 gourmet hamburger place. They are opening a second place soon.

Late morning, call a restaurant expansion.

Meet up with different BSRs in college town 15 miles away. Huge NY deli chain near the college. They need to do happy hour with lots of apps and fries. Got to love that!

Next, two guys just out of college opening a bar. They need fries and appe-

Pass the Colander

(continued from page 1)

I’m pretty adventurous about food and I think you should be too. The world is made of good things. You don’t have to leave home to have a food adventure – try something new at the ethnic grocery or the farmer’s market. Grow a fruit or vegetable this year you haven’t tried before. Look for the new eatery and see what they have to inspire you to make or eat something that’s different. Go local, and find out that even in America it’s more than food: at the annual Apple Pie Festival in Dummerston, Vermont, it’s a cultural experience.

In the meantime, I’m cooking pasta I brought back from my last visit to Rome, and it’s nearly done. Pass me the colander, please.

Mangi bene. ○

Deborah Smith is a faculty mentor with the college’s Center for Distance Learning. She also does freelance writing for a number of food publications, including Bon Appetite and Taste of Italia.

tizers. As we do the “cutting” (prep and showing of food) one is taking notes. How cute is that? But he better learn fast or he’ll sink. The BSR’s father owned bars so he can really help these guys – he’ll stay longer.

Picture these calls in our 100-degree Phoenix heat. You usually can’t make a full day before losing product.

People ask me, do you know a particular celebrity chef? I usually do. Have I been in the new high-end resort or spa? ... yes. The multimillion-dollar residential enclaves? ... yes I’ve seen all their clubhouse restaurants. It’s a back-breaking and long-hour business, but it’s also crazy fun. ○

Blending Haute Cuisine with Higher Learning

by Marie Morrison '06

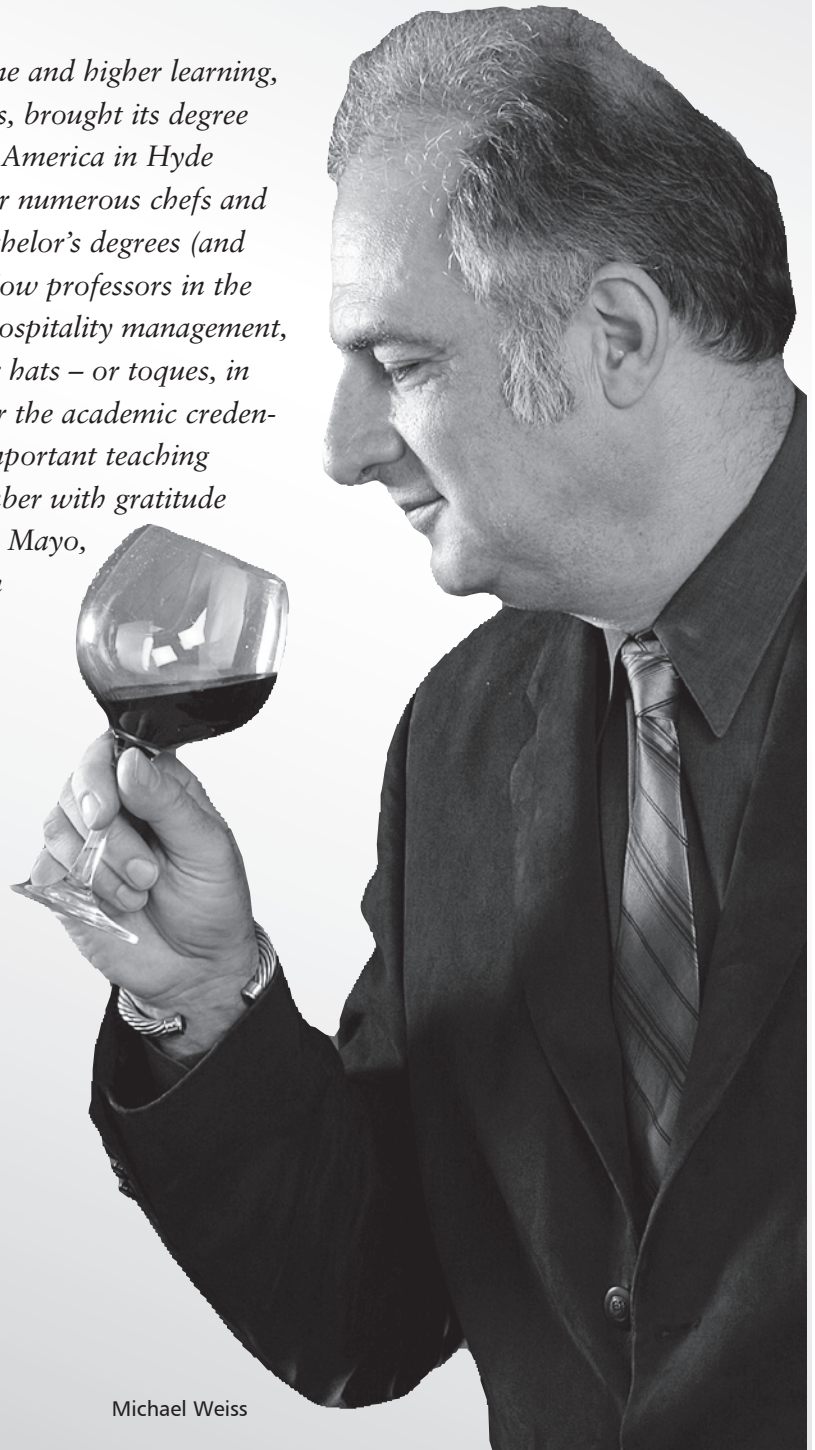
In a felicitous blending of haute cuisine and higher learning, Empire State College, in the early '90s, brought its degree programs to the Culinary Institute of America in Hyde Park, New York, opening the door for numerous chefs and other food service staff to acquire bachelor's degrees (and later M.B.A.s) in their chosen field. Now professors in the culinary arts, in wine studies and in hospitality management, several graduates recently tipped their hats – or toques, in this case – to Empire State College for the academic credentials that allowed them to go on to important teaching positions at the institute. They remember with gratitude such guides and mentors as Drs. Fred Mayo, Carole Ford, Alan Belasen and Steven Lewis, whose encouragement and support meant so much to them.

Michael Weiss '92, one of the very first graduates, is now professor in wine studies, who came to the CIA after an early career as a sommelier in numerous hotels and restaurants across the country.

“How to taste wine and serve it with food may be the most important information I share with our students. A poor wine and food pairing can really ruin the flavors of the wine and the food. A great wine and food combination can increase the appreciation of both products and create new flavors. It is similar to two musicians jamming and being ‘in the zone.’”

The son of refugees who survived the Holocaust, Weiss was raised in Canada, where relatives ran a hotel and restaurant in the Laurentian Mountains of Quebec. Professor Weiss learned about food while

(continued on page 8)



Michael Weiss

Haute Cuisine and Higher Education

(continued from page 7)

working in restaurants and hotels or catering, but he especially loved working with wine and pairing it with food.

When the opportunity came to enroll in an Empire State College program brought to the CIA by its director of education, Dr. Fred Mayo, he took advantage of it for its flexibility and the quality of the educators teaching the classes.

Now, he teaches all aspects of wine from the growing of the grapes to making and aging the wine. He suggests that a Riesling white grape is the best wine to serve with spicy, smoked or salty foods, and recommends Kostantin Frank from New York, Cave Spring from Ontario or German wines from the Mosel regions. "If you are trying to match different foods with one wine, I suggest Brut sparkling wines or a red Pinot Noir," he says.

His two "best value" recommendations are California wineries Fume Blanc or Benziger's Cabernet Sauvignon or Syrah. He also likes Portuguese wines from the Douro, Spanish wines from Bierzo, Italian wines, such as Rosso di Montalcino or Col di Sasso by Banfi and Rhone reds from France.

Right before this issue went to print, Weiss was informed that he was chosen (along with his colleague Steven Kolpan) as the recipient of the European Wine Council's award for education for 2007.

Salut! Professor Weiss.



John Kowalski '94

From washing dishes in a restaurant in Southbridge, Massachusetts, when he was growing up, to professor in culinary arts at the CIA, John Kowalski '94, has come a long way from his emigration from Poland as a boy in 1964, neither speaking nor writing

any English. His loneliness led him to spend many hours watching his mother cook their native dishes.

Now he is involved in curriculum development and currently teaching the Garde Manger class at the CIA, where students learn the "cold side of the kitchen," which includes sausage making, curing and brining, reception foods and plated appetizers. They also make smoked fish, pates, relishes and compotes.

Before coming to the Culinary Institute, Prof. Kowalski worked as a corporate executive chef for Motor Hotel Management out of Dallas, where he did a lot of traveling for the company. After several years, he joined the CIA in a teaching position.

Kowalski was attracted to the Empire State College program because it allowed him to take classes on campus while working as a chef. "The other instructors and I did not really have a lot of teaching experience at the time, but each and every one of us were great chefs with a lot of practical experience in the field." He found Empire State College to be

challenging and accommodating at the same time, pushing him out of his element as a chef into one as a student required to meet homework deadlines and required readings while still fulfilling his teaching role.

Active and ambitious, in his spare time Kowalski runs a private catering business. He also plays hard, particularly squash and soccer, and to top it off, he is now working on his M.B.A. at SUNY New Paltz.



James Maraldo '93

James Maraldo '93 is associate professor in culinary arts, teaching the cuisines of Europe and the Mediterranean. A native Staten Islander, he grew up in the Italian-American neighborhood of Rosebank. His father had been a U.S.

Navy Seabee in the Pacific during World War II and his mother a nurse. Maraldo carried on the military tradition by serving in the U. S. Marine Corps. His youngest brother was a paramedic on site at 9/11 within the first few minutes. "He has a lot to say, but cannot," says Maraldo.

He also was in the first CIA graduating class from the Empire State College program. Earlier, he had been a vice president and trader at a New York brokerage house. When the firm was bought out overnight, "They gave me a big check. I walked. I had been taking culinary classes as a hobby at NYC Technical College. I started at the bottom, just worked and learned. Paid dues. No other way," is his succinct summing up of his culinary career.

Beyond cooking and sipping and testing in its professional kitchens, the CIA offers studies dealing with the food and hospitality industries and the education of cooks and food service people beyond its headquarters in Hyde Park.



Craig Goldstein '94

Craig Goldstein '94 is assistant professor in hospital management, teaching such classes as management principles, cost control and finances of the food service industry.

Goldstein came to the CIA looking for a position closer to home rather than the traveling job he had with the ARA food service company, and found the Empire State College program. He says his experiences at Empire State College gave him an opportunity to observe the difference in teaching adults. He brought that experience into his own classes, he says.

Like the other culinary professions, he also likes to cook, but particularly likes baking. However, he is looking forward to a new career after retirement – helping Habitat for Humanity.



Dean Ronald DeSantis '94, '02

Dean Ronald DeSantis '94, is starting a program that partners with national food services and the U. S. Dept. of Agriculture to help school cafeteria food workers prepare healthier food for children that

not only is good for them, but also looks good. The program will be carried out on a national level, with campuses in various locations across the country.

DeSantis, one of only 63 certified master chefs in the country, says he has enjoyed his career in the food industry. "The Marines picked my vocation for me," sending him to school to learn to cook. After getting an associate degree from the CIA, he worked in hotels across the country and in Europe, but returned to the CIA in 1986. Shortly after returning to the CIA, DeSantis took advantage of the Empire State College program. DeSantis credits the program with giving him needed flexibility as well as an appropriate course of study. He also has taken advantage of the college's M.B.A. program and was in the charter group of students. Asked about his greatest challenge, he says "The challenge for me is being on my game so that food is as good as it can be – at the CIA or anywhere else."

Healthy Dining

(continued from page 4)

healthy American food, with a foundation in French cooking, but throwing in a few unexpected influences from Tex-mex to Indonesian fare.

Focusing on locally grown, fresh produce, the restaurant drew weekenders as well as locals. In 1994, he opened his second restaurant; which was a homecoming of sorts. The owner of Rudi's Big Indian had fallen ill and needed to sell; Smith saw the opportunity, and bought the restaurant, re-christening it Jake's Moon.

Smith prided himself on being willing to pass on his knowledge and his gifts to young people coming up just as Bernard did for him. "[My wife and I] tried to create an atmosphere for the people who worked for us, to give them perhaps what we hadn't experienced on the other side: appreciation, honesty, providing them with mentorship. I had one man with me for five years, two guys in the kitchen for seven years, a dishwasher who was with us for six years," and given the high-turnover world of restaurant work, "I am very proud of that."

He then took on some major consulting work; yet after a number of successful years, a combination of factors began to work against him. First,

Gov. Pataki sharply curtailed economic development money in the Hudson Valley, at the same time a number of big employers like IBM, shut their offices in Kingston. Then, Smith concedes, during an interview in Albany last winter, he had stretched himself way too thin. After eight years running Thymes and three-and-a-half Jake's Moon, it was time to move on.

"As much as I created a real strong team, there's something about my nature and the climate I create that required my presence," he says.

Around the same time, an old acquaintance, Nicole Plisson, who owns and operates the tony Nicole's Bistro was looking for an executive chef. After some prodding, Smith decided to close his restaurants and move to Albany.

At Nicole's, Smith still tries to focus on healthy dining with eclectic influences. Joking that maybe it's his age – he's 53, and at the time of the interview about to become a grandfather – he is pleased with what he sees as a trend toward fresh healthy food among both the baby-boom generation and generations behind them.

So what's the next act for this executive chef?

"I'm not sure – I'm excited about a bunch of things," he says. "I hope it will be something that ties into marketing and nutrition.

"I'm excited about the awareness of health and the environment as it pertains to local, organically grown food. It's interesting to see as a consumer three aisles (in a local grocery chain) dedicated to fat-free, low fat, and natural and organic food," he says.

He's recently been teaching as an adjunct at SUNY Cobleskill, and considering going on for a master's degree. What his Bachelor of Science degree did, he explained, was enable him to pull together the strands of his wide and diverse education, and "formalize it, put a title on it." Taking marketing, business administration and even a statistics class to supplement his culinary background, proved both a challenge and a pleasure. "The experience I had with Empire made me realize, I can do all of this." ○

☆ ☆ ☆
SAVE THE DATE
A Summer Evening in Saratoga ☆
The Philadelphia Orchestra at SPAC
Thursday, August 2, 2007 ☆ ☆
☆ ☆
*Alumni in the Capital District will receive an invitation.
If you live outside the area and would like information,
Please call the Alumni House at 518 587-2100 ext. 2344.



Business Couldn't Be Sweeter

Dean Paton '06 in the Family Honey Business

Golden Blossom Honey has been in Dean Paton's family for generations (it was founded by his great-grandfather 85 years ago), but it wasn't an automatic assumption that he'd work there. Although the business was always part of the fabric of his life, he was never expected to show up after school and on weekends.

"It's not like a mom and pop store where everyone pitches in to do this or that," he says. However, when his aunt, the company president and CEO, fell ill, it became apparent that Paton '06, who had built a career as a newspaper reporter, would need to join his father, the new president and CEO, in running the company. Now director of retail distribution, Paton, 31, works closely with large honey co-ops, food brokers and distributors to get his company's product into 30 grocery store chains across the Eastern seaboard.

Golden Blossom Honey is a premium honey that is made from nectar from clover, sage, buckwheat and orange blossoms. It primarily purchases product from a large Iowa-based co-operative of beekeepers, as well as a number of smaller independent beekeepers.

Although Paton enjoyed the rough and tumble of the police beat for a weekly in Queens and other newspapers, he said he feels satisfaction in the steadier industry of selling honey, marketing a food that is high in nutrients, environmentally friendly to produce, and good for the beekeepers who are able to keep their land unspoiled, and lush with wildflowers or groves.

Yet, like every business, it is subject to changes and trends, and some of those can be ominous. For example, Paton explains, globalization means that honey is produced in places like India and China as well as the U.S., and transported around the world, so distributors

must think about disease and contamination, as well as the impact of antibiotics and pesticides. There's also concern about the large tracts of land across the nation that are being taken out of agricultural production. For example, Paton says, in 10 years, Florida may no longer be a major producer of oranges.

But some things will never change.

"This will never be a centralized industry," Paton says. It also is very labor intensive. According to the Golden Blossom Honey web site, bees must visit two million flowers to make one pound of honey. Although there are upwards of 50,000 bees in one hive, a single honeybee makes only about 1/2 a teaspoon of honey in its lifetime. All of this small activity adds up, however. A Cornell University paper released in 2000 concluded that the direct value of honeybee pollination to U.S. agriculture is \$14.6 billion annually.

The process of getting honey from the hive to the store shelves is a complicated one. Once the bees in the hive produce the honey, it is then taken to a warehouse and put into a machine, which extracts it from the hives using centrifugal force. It's then placed in metal drums and shipped by the truckload to a honey co-op where it's tested and graded. What Golden Blossom looks for is top-grade honey with "perfect color, perfect taste and less water." It is the water in honey that causes it to crystallize after a time, Paton explains.

To remain profitable, this business has had to grow lean, Paton said. Where once it employed upwards of 40 people, it has decreased to only four – and a network of food brokers and distributors, and, in the later stages of marketing, an advertising agency.

The food brokers are paid a percentage of the sales and they are responsible for getting the product on store shelves, and

ensuring correct pricing. Paton describes them "as the ligament between the buyer and the company."

"A lot of what modern business is about is outsourcing," Paton says. The fewer employees, the less overhead the company has to deal with. It relies on ad agencies to build brand recognition, "because we really don't have time or money to hire a marketing department." The New York City-based ad agency places ads in such outlets as CBS 1010 Wins, Rachel Ray's magazine, *Food & Wine* and *Cooking Light*.

One constant has been the company's attention to detail: the shape of the bottle, the label quality, the sturdiness of the plastic are all factors in marketing the honey. Paton likens the business to that a spice dealer of the Middle Ages: "all your customers want the really good stuff."

Paton graduated from the Center for Distance Learning in 2006, because he believes that in today's economy, you can't afford to stop learning. "I think programs like Empire State College's are the wave of the future, and I'll tell you why: People need to regularly and constantly evaluate their education and their skills and add to them. Job descriptions change so radically; types of jobs come and go. You can't just go to college four years and work the next 30 years in the same way anymore. I mean, how many of us were using the Internet in 1990, and that wasn't that long ago. It's not enough to be college educated; you have to be so much more, you have to be continually learning." ○

Questions for Mimi Fix, Pastry Chef, Former Bakery Owner and
Master of Arts in Liberal Studies Student at Empire State College.

Evolution of a Pastry Chef



Mimi Fix with her mentor, Eric Zencey

Q. How did you become a pastry chef?

A. I sort of fell into it. I graduated with dual B.S. degrees in journalism and home economics from Syracuse University, but I loved to bake and began selling wholesale from my kitchen. (I had a license from the N.Y.S. Department of Agriculture and Markets.) I learned from books and by asking questions. And baking, baking, baking.

Q. When did you become a bakery owner, and what types of baked goods did you sell?

A. My home-based wholesale business (1979) grew and I moved to a small neighborhood shop the following year. Everything was scratch made, with a healthy, all-natural philosophy. I believed that baked goods should be healthy, but taste great.

Q. What is the challenge of making pastries, as opposed to other types of cooking?

A. Baking is science-based. Chemical reactions amongst the ingredients create products, so proper formula balance is necessary. And people eat with their eyes first, so everything must look appetizing.

Q. Where was your bakery located? Who was your clientele?

A. Syracuse; my customers were local folks in the area; plus several large wholesale accounts at the university.

Q. How long did you operate the bakery and with whom? (business partners, family, solo?)

A. I began as a sole proprietor, operating the shop for 10 years. Near the end, I took on a partner and sold my share to him when I moved south. After moving, I opened another shop in Tennessee, and kept that for five years.

Q. How did you get interested in food preparation?

A. I was always doing things with my hands – sewing, crochet, paper mache – baking was an extension of creativity.

Q. What kind of education does one need to be a pastry chef?

A. Someone can go to a culinary school and pay big bucks to learn proper technique, or someone can become an assistant in a bakery and learn on the job.

Q. Why did you enroll in Empire State College?

A. After 25 years, my hands were no longer able to continue heavy physical work. But I loved the baking/food world and the interdisciplinary degree allowed me to continue in my favorite field.

Q. What do you intend to do with your degree in food studies?

A. I am currently a nutrition educator with the Ulster County Cooperative Extension and an adjunct instructor through the Ulster Community College's Professional and Continuing Education Department. ○

Chef's Perspective

(continued from page 2)

A. My most challenging meal to prepare was a three-course practical examination menu for my American Culinary Federation certified executive chef practical. There were six other chefs trying to achieve this credential, most of whom failed at least once, and a flurry of judges and high-pressure activity. It was more the environment than the food that made the situation so intense.

Q. How would you describe your style of cooking?

A. I am influenced by all of my eating experiences – from the vendors selling fresh sliced fruits and cucumber with chili and lime in Tijuana, Mexico, to the farmer's markets in California – all help to shape my style. I cook as a way to reflect and respect my personal eating experiences. I haven't quite defined my style yet. Sometimes, I think that styles are confining. Perhaps I am fluid and free-form in style.

Q. Who mentored/trained you initially?

A. My first real cooking mentor was Chef Mark Benoit. He was the first chef that helped me to see the finer details of cooking.

Q. What are the career challenges you have faced?

A. Because cooking is a lifestyle, separating family time from work time has been immensely difficult. I have a wonderful wife and two children who have been immensely patient with me as my career has grown.

Q. Why has interest in food/cooking/gourmet coffee and other products, skyrocketed in recent years (Food Network, Rachel Ray, etc.)

A. I think that food has always been integral in American culture. With the diversification of media, the boom in culinary schools, and the inventiveness of young chefs and food professionals, the grasp that the big corporations had on what we eat as Americans has, I think, been diluted in the last decade. It is joyful for me to see supermarkets like Trader Joe's and Whole Foods, for instance, take over market share of the old, supermarket moguls. There are examples like that everywhere in the food business. Small niche providers are hacking down the old, stodgy brands – and I love it!

Q. Why did you come to Empire State College?

A. It allowed me to study independently, as I have always had challenges with the pace of classroom study. The Empire State College experience was far more intense and intimate. I have always said that I learned more in the three years I spent at Empire State College than I did in all of my school years prior ...

Q. What's it like working for a large hotel and how does it compare to the inn you were with formerly?

A. In a large hotel, I create more systems, train more, and spend a lot more time developing chefs than cooking. A great chef is not necessarily a great cook, but coaxes great cooking out of his people.

Tuscan Kitchen Crostini Neri

Serves five as an appetizer
(canapes with chicken liver pate)

INGREDIENTS

1 lb. chicken livers, cut up
1 red onion
handful of parsley
4 tbsp. olive oil
1 clove garlic
pinch of salt
1 tbsp. capers
2 anchovy fillets, cut small
3 tbsp. butter
chicken broth and white wine as needed to taste

METHOD

1. Cut in small pieces onion, parsley and garlic.
2. Fry in the olive oil over a low flame.
3. Once soft, add the chicken liver and cook gently adding broth and/or wine if necessary.
4. Once blended, add capers, anchovy and butter.
5. Cook an hour or so until the mixture has a paste like texture.
6. When pate is ready, toast thin slices of bread and spread pate.

This recipe comes to you from a cooking class we enjoyed on the alumni trip to Italy.

Chef Keith Schroeder's Basic Vinaigrette

INGREDIENTS

1 garlic clove, smashed
1 tbsp. Dijon mustard
1/4 cup sherry vinegar
3/4 cup to 1 cup extra virgin olive oil
salt
pepper
fresh chives, minced

METHOD

1. Combine the garlic, Dijon and sherry vinegar in a bowl.
2. Slowly whisk in the oil.
3. Add salt and pepper to taste.
4. Throw a handful of minced chives in at the end.

You can change the oil, the vinegar – add honey or brown sugar – add chiles or onions – pecorino or blue cheese – just play with the ratio.

I like vinaigrettes with beef and fish – and of course with vegetables and salads.



2006 DONORS REPORT

Dear Friends,

As chairman of the Empire State College Foundation Board of Directors, I am honored to once again have the opportunity to present to you our annual *Donors Report*. Thanks to you, the thousands of alumni, employees and friends listed here, the Empire State College Foundation received an unprecedented level of support in 2006 – more than \$1.9 million in this, the first year since the public announcement of the *Learners First* campaign.



David L. Smith

Whether you are a student, graduate, employee or friend, this is truly a remarkable time to be associated with Empire State College. The success of our fundraising activities is paralleled in the expansion of services for our current and prospective students. For example, in just the past year we have seen the implementation of a centralized Student Information Center that is ready to personally answer questions and provide assistance, the launch of an extremely successful online registration and student accounting process, and the implementation of a term calendar system focused on helping our students design, plan and prepare for their studies and make steady progress towards their degree.

Increasingly, securing the resources necessary to continue to make these types of positive enhancements is one of the greatest challenges facing the college. Fortunately, our alumni and friends continue to help us meet this challenge. In fact, more and more of our alumni and friends are choosing to include Empire State College in their annual philanthropic plans – look for these members of our *Loyalty Leaders Society* highlighted in the following pages. Ongoing support from these and all of our supporters enables us to continue to expand our ability to offer adults access to a degree by expanding and enhancing an institution that is explicitly designed and dedicated to serving them.

On behalf of the Empire State College Foundation Board of Directors, and the students whom we are here to serve, I would like to express my most sincere thanks to all of our supporters listed here. Your personal investment in this institution contributes greatly to our continued success.

Sincerely,

A handwritten signature in cursive script that reads "David L. Smith".

David L. Smith
Chairman, Empire State College Foundation
Board of Directors

EMPIRE STATE COLLEGE 2006 Recognition Societies

<p>The Empire Society The Empire Society recognizes the college's most generous alumni, employees and friends who contribute a minimum of \$5,000 in one fund year.</p>	\$5,000 +
<p>The Hour Society This society provides a unique opportunity for individuals to make a contribution equivalent to the cost of operating the entire college – its centers, units and programs – for one hour.</p>	\$2,535 - \$4,999
<p>The Scholar Society Donors in this category provide the funds which represent the tuition and fees for a half-time student at Empire State College.</p>	\$1,191 - \$2,534
<p>The Kindred Society Donors at this level are recognized for providing funds representative of the average cost of childcare during a term for those students juggling their career and family responsibilities while pursuing their degree.</p>	\$592 - \$1,190
<p>The Academic Society Donors in this society provide the funds which represent the average cost of books and supplies for a full-time student for one 16-week session.</p>	\$410 - \$591
<p>The Distinguished Alumni Society Recognizes those donors who contribute \$5 for each year since the college was founded in 1971.</p>	\$175 - \$409
<p>The Mentor Society Established to recognize the unique and significant relationship between student and mentor, donors at this level provide the funds which represent the average cost for a student to meet with his/her mentor three times.</p>	\$120 - \$174
<p>The Anniversary Society Established in 2001 to honor Empire State College's 30th anniversary. Members contribute \$1 for each year since the college was founded in 1971.</p>	\$35 - \$119

2006 Donors

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Our sincerest gratitude is extended to the members of The Empire Society. With their gifts of \$5,000 or more, these donors contributed 81 percent of the \$1,907,785 received by the Empire State College Foundation. We are honored to have the support of these donors listed below.

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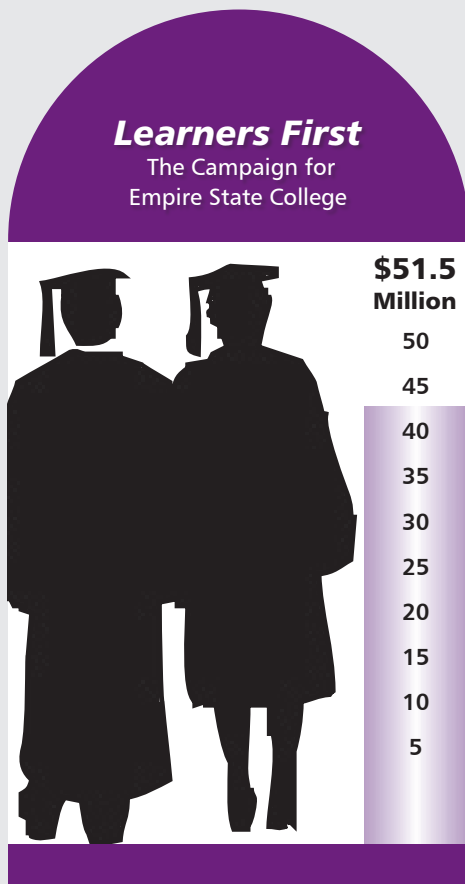
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Learners First

The Campaign for Empire State College



In late 2005, Empire State College kicked off a series of events around New York state to announce its most ambitious fundraising campaign ever. *Learners First*, The Campaign for Empire State College will allow us to make the critical investments necessary to assure our standing as the nation’s premier college for adults.

With more than \$41 million in gifts and pledges already committed, the *Learners First* campaign was announced to the public in late 2005 in order to secure the additional support necessary to meet our \$51.5 million goal. I am very happy to report that Empire State College’s alumni and friends have been incredibly responsive. In fact, the college exceeded its previous single-year fundraising record of \$1,223,182 by 56 percent in 2006, receiving a total of \$1,907,800. Overall, more than 9,200 of our alumni, employees and friends have lent their support to the *Learners First* campaign with a major gift commitment or through their support of the Annual Fund. As you can see from the table below, these contributions bring the *Learners First* campaign total to \$43.5 million, representing 85 percent of our \$51.5 million goal.

	Private Philanthropy	Federal Funding	State Support	Totals
Goal	\$9,000,000	\$6,000,000	\$36,500,000	\$51,500,000
Commitments Received	\$7,447,980	\$2,609,923	\$33,440,000	\$43,497,903
Percent Completed	83%	43%	92%	85%

(As of December 31, 2006)

Learners First (continued)

The continued success of the *Learners First* campaign will allow us to:

- extend access to more adult learners
- recognize and celebrate outstanding academic performance
- enhance the capabilities of our faculty and staff
- add new programs and support services
- develop a physical and technological infrastructure that will sustain future growth

Thanks to the generosity of our thousands of supporters listed in these pages, Empire State College will increase its capacity and, thus, widen the door to intellectual fulfillment and economic betterment for thousands of adult learners around the state, the nation and beyond.

The Empire State College Annual Fund and the \$100,000 Turben Challenge

In order to underscore the importance of the Annual Fund as the way that the majority of the college's alumni will participate in the *Learners First* campaign, alumna and Empire State College Foundation board member Susan Turben '72 and her husband Jack issued the \$100,000 Turben Challenge to our alumni in 2006. Thanks to this special opportunity, more than 2,100 of

our alumni had their first-time or increased contribution to the 2006 Annual Fund matched. In total, the Annual Fund received a record \$493,561 in 2006, a 10 percent increase over our 2005 total. This support combined with a \$100,000 match, thanks to the successful completion of the Turben Challenge, accounted for \$593,561 of the \$1.9 million in philanthropic dollars received by the college in 2006. A special thank you to the Turben family for offering this unique challenge and to all of our alumni who helped make it a success. Your generosity is truly inspiring to us all.

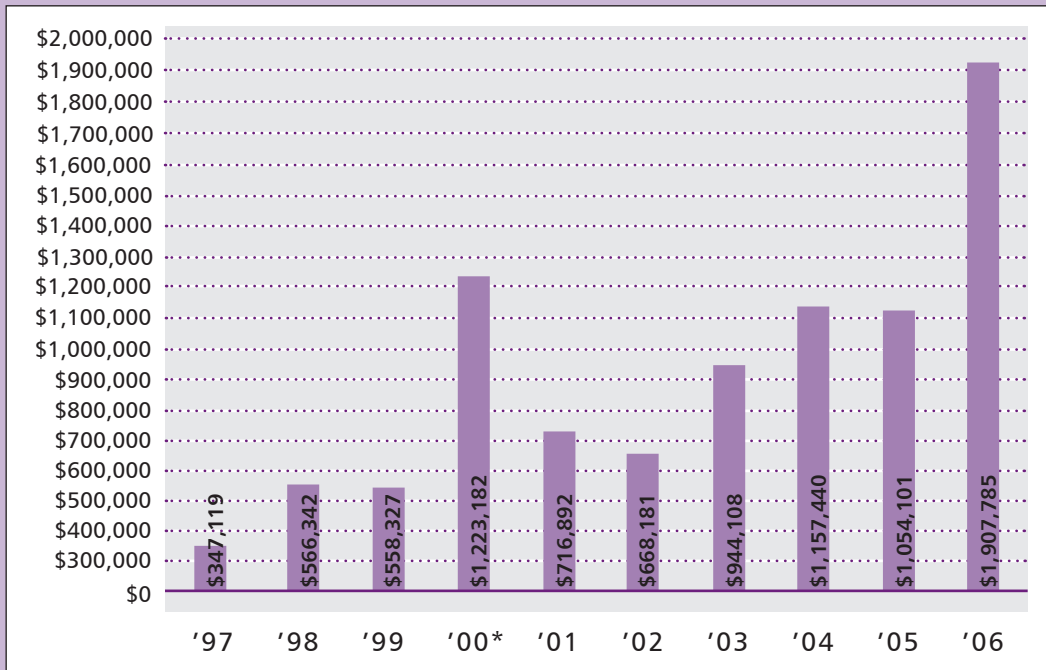
As we move into the final two years of the campaign, with our goal clearly in sight, I would like to thank everyone who has and will contribute to our success; from our *Learners First* campaign chairs, Susan Turben '72 and Richard Liebich, to our Annual Fund chair, Melba Tolliver '98, to all of our generous donors. Please know that this college, including our alumni, employees, students and the communities that we serve, is stronger because of you.

Sincerely,



Jeremy Jones, Executive Director
Empire State College Foundation

GROWTH OF PRIVATE SUPPORT FOR THE EMPIRE STATE COLLEGE FOUNDATION



*2000 was the final year of our *Promise Continues* campaign, which successfully raised in excess of \$8 million in support of Empire State College.

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A group of alumni at the Coliseum during a recent alumni travel tour of Italy.

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The *Loyalty Leaders Society*, Empire State College's newest giving society, acknowledges a special group of alumni, employees and friends who have demonstrated their commitment to Empire State College through their consistent financial support. The *Loyalty Leaders Society* was created to give special recognition to those donors providing regular annual support, at any level, for at least three consecutive years.

Beginning with this *Donors Report* you will see the names of these individuals highlighted in italics, bold or purple. Those who have given for three or more consecutive years are denoted in italics, five or more years are denoted in bold and 10 or more years are denoted in purple. In 2006, more than 1,900 supporters qualified as Loyalty Leaders including an amazing 300 donors with 10 or more consecutive years of support. Their unwavering support helps Empire State College maintain a margin of excellence in its service to this unique community of adult learners.

Loyalty Leader Profile Connie Mrowzinski '86

"Education is a way of not only earning a living, but a way to open the door to the world around you. The more I read, the more I learned how much I didn't know. Empire State College allowed me to enrich my life."



Connie Mrowzinski '86

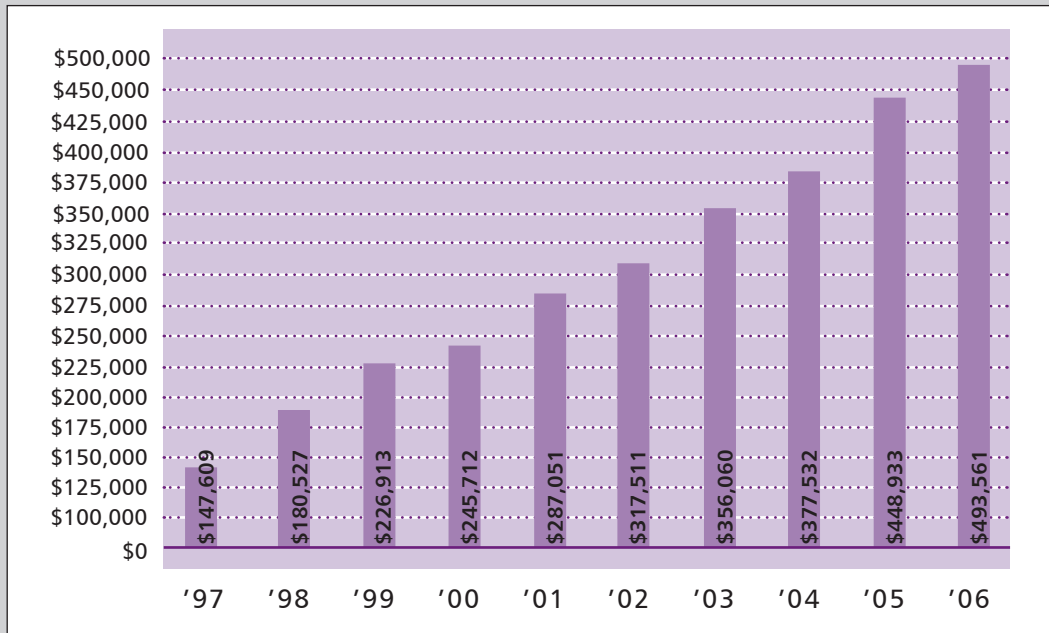
These words reflect Connie's belief in education, especially her educational experience with Empire State College. To express her appreciation, she made her first donation to the Annual Fund after graduation. The next year she made another donation, and her giving continued each and every year. After 22 years of successive giving, Connie is committed to extending her uninterrupted record.

After her three children earned their degrees, Connie decided, "It's my turn." The question of where to apply was answered when she read an article about Empire State College's commitment to adult students. Her full-time, demanding position as chief clerk of the criminal and civil courts of Columbia County meant she had to be self-disciplined. Connie was pleasantly surprised to find she actually enjoyed stress relief from her job through meetings with her mentor, Dr. Carole Ford, and through her in-depth studies.

Connie has now earned her master's degree. Although retired, she serves on the Board of Lifetime Learning as well as the Southern Tier Seniors and she's the proud mother of three and grandmother of four.

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The Academy for Learning in Retirement

The Academy for Learning in Retirement (ALR) is a nonprofit membership organization sponsored by Empire State College and formed to meet the educational and cultural needs of its members. As one of over 300 Lifelong Learning Institutes in Retirement in North America affiliated with the Elderhostel Institute Network, ALR accomplishes its mission through peer-led study groups and social programs. Noncredit academic course work is provided with an emphasis on participatory learning – small study groups of men and women who learn from each other about topics of common interest.

Presently, ALR is in the midst of its first-ever annual fund drive with encouraging results – one third of ALR members as well as friends and the community have contributed. Currently, ALR has surpassed the \$10,000 goal, with just three months left in its campaign. With this new fundraising program, ALR has significantly increased membership numbers and study group and special program offerings. This spring, ALR is offering 22 study groups, nearly four times the number in its first term in 1993.

The academy will be celebrating its 15th anniversary in 2007 - 2008 with the theme Celebrate Diversity! Committees are currently planning special open-to-the-public programs as well as new study groups on this theme. The Academy for Learning in Retirement is looking to a bright future as it continues to provide its quality program offering academic, leadership and social opportunities to an increasing number of older learners. A special thank you to all of our supporters listed here for helping us to achieve our educational and cultural mission.

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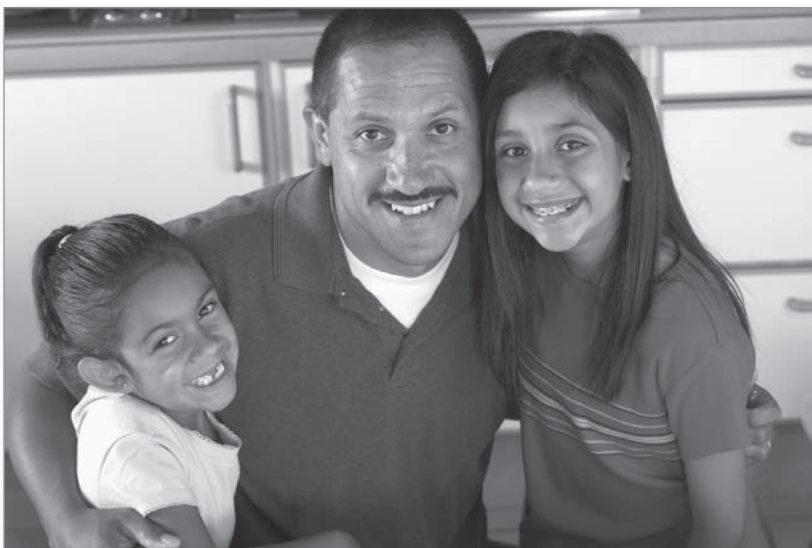
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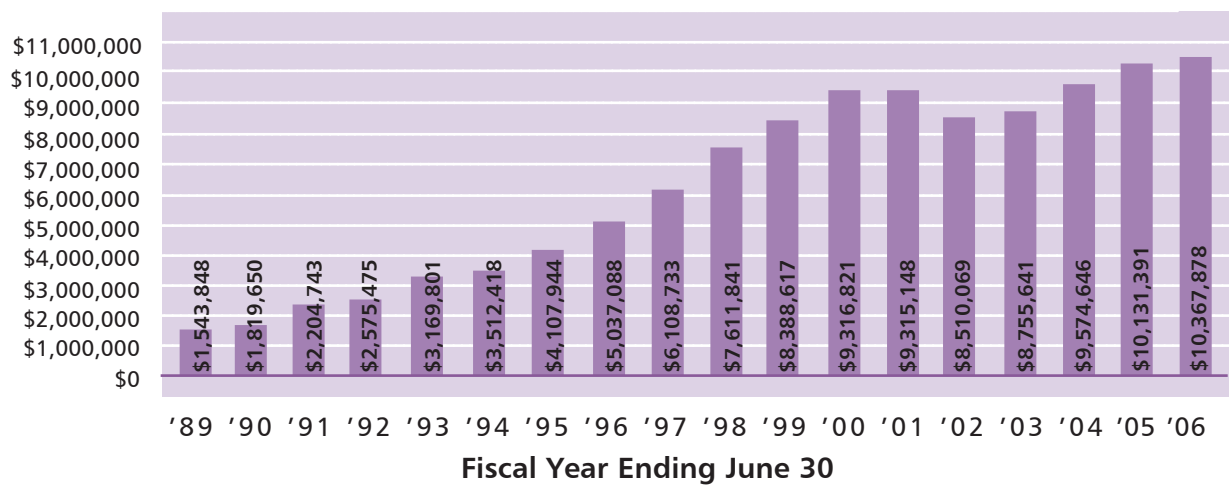
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GIVING FOR ALL PURPOSES – SUMMARY BY SOURCE

SOURCE	NUMBER OF DONORS	TOTAL CONTRIBUTED	PERCENTAGE OF TOTAL
Alumni	3,959	\$487,624	26%
Employees (current and former)	252	\$118,205	6%
Corporations	63	\$157,394	8%
Foundations	21	\$1,019,355	53%
Friends/Organizations	171	\$125,221	7%
Total	4,466	\$1,907,799	100%

Included in the above totals is \$286,036 from 19 Empire State College Foundation board members. Their generous support accounted for more than 15 percent of all contributions in 2006.

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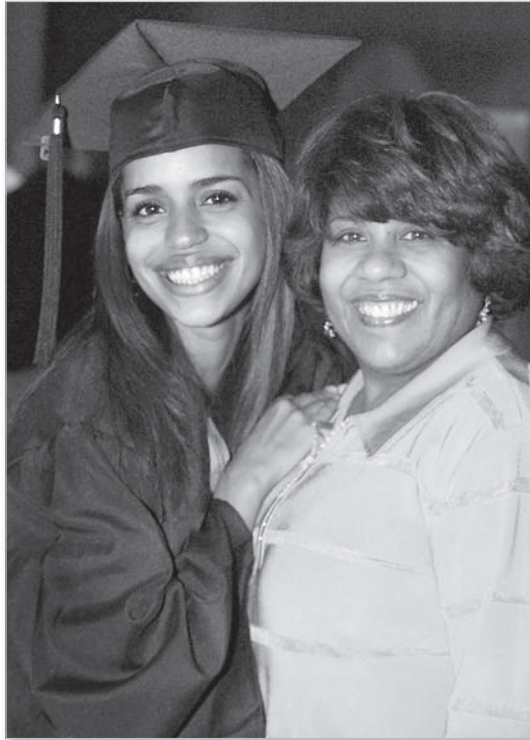
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Building an Industry with Heart and Determination

Louise Bijesse '06, Director of Recruitment, Compass Group



Louise Bijesse '06

"I love my job," says Louise Bijesse, a director of recruitment, for the Compass Group, The Americas. With revenues of \$19.5 billion and 400,000 associates worldwide, the company is the largest food service industry in the world. It serves as an umbrella for a variety of operating companies that provide food services to the corporate, healthcare, education and entertainment sectors, and boasts clients like Microsoft, Caterpillar, IBM, state universities, and Chicago public schools. Through its Wolfgang Puck division it provides catering to the U.S. Open, Ryder Cup and Academy Awards.

Bijesse has just been promoted from national recruiter, to director in the company's Resource Network, and oversees a network of 11 recruiters for such food-service positions as food service director, executive chef, sous chef, and positions in accounting, procurement and IT.

"We help our company grow by bringing in great people," Bijesse responds, when asked why she enjoys

her work. "We also give individuals opportunity. Compass Group really has a great track record as a leader in the industry. And I love the culture, how friendly everyone is. Because we are in the hospitality industry, we know how to be hospitable." Company headquarters, in Charlotte, NC, she adds, "is warm, welcoming, embracing; it's very exciting to be part of something growing."

One of her goals? Helping her division go from "good to great.

"We've got a great team. My management style, I believe, is bringing people together. There is strength in numbers."

How did Bijesse land this plum position? She grew up in a family of five siblings, whose parents ran a catering business on Long Island. All five children were involved – washing dishes, manning the coat-check desk, working in the kitchen, washing silverware, and serving. After high school, she entered the New York Institute of Technology with the aim of becoming a chef at a time when few women pursued the career. (Bijesse says it's the crazy weekend and evening hours and the grueling up to 90-hour work week that turns many away).

She began working at a struggling restaurant, which snatched her up right out of college. She was a chef for six years before moving into the corporate world working for another food management company and then moving on to her own staffing and catering companies between 1999 and 2005. Her staffing business was recognized with a National Affiliate Office Award for over one million in staffing sales.

But operating her own business and having responsibility for everything from soup to nuts, proved stressful, especially with five children, including now 8-and-a-half-year old triplets, and despite "a very supportive" husband. And insurance issues were eating up a lot of her revenue.

At the Compass Group, she figured she'd be doing the same thing she did on her own, but that she'd be able to "stop chasing a dollar," and have the assurance that at the end of the day, she'd actually get paid.

Although it turned out a bachelor's degree was required for her new position, it was serendipity that she happened to be finishing up her studies around the time she landed her job. She had earlier started working on an associate degree, but left because she had just had her second child. After a friend, a nurse, had returned to school, she encouraged Bijesse to do likewise, so three years ago, she enrolled to earn a bachelor's degree in business, management and economics (BME). She joked that she could never sell any of her textbooks, because she used to rip out the chapters she was reading in order to better transport them on the train on her way to work.

Bijesse is proud that her oldest, a 19-year-old son now in college, wants to follow in her footsteps by earning a BME degree, and her next eldest, at 13, is interested in starting his own business. ○

Tell us your story!

We are seeking contributions for future issues of the magazine.

Are you in:

education,
law enforcement or
fire services?
health care?

If you are, please contact
Hope Ferguson, editor, at
Hope.Ferguson@esc.edu.



Lina Figueroa

Working with a Snack and Beverage Giant

Lina Figueroa '05 Takes on the Pepsi Challenge

On a hot summer day when you take a sip of Pepsi or Sierra Mist, Lina Figueroa's job is likely the last thing on your mind. Figueroa is a senior coordinator for the Scientific Regulatory Affairs Department at PepsiCo, and works with company food scientists, project engineers and regulatory compliance staff to register formulations of the company's various beverages. Governmental agencies such as the U.S. Food and Drug Administration (FDA) and international regulators in nations where the soda is manufactured demand assurance that the product conforms to the local law. Additionally, she is responsible for the distribution of label information, which accurately represents the content of the beverage and is applied to all graphic labels in the United States, Canada and Puerto Rico.

PepsiCo is one of the largest snack and beverage manufacturers in the world. The company's primary divisions are Frito-Lay snacks, Pepsi-Cola beverages, Gatorade sports drinks, Tropicana juices and Quaker foods.

Figueroa's department oversees the regulation compliance of such beverages as Pepsi, Diet Pepsi, Sierra Mist and Mug Root Beer.

There are hundreds of formulations, which are adjusted from time to time; often by season. She also is currently working on ensuring that the software where proprietary formulas are stored is up-to-date and able to hold all the information needed to support the huge volume of beverages and their attendant legal documentation.

Figueroa grew up in Puerto Rico in her earlier years and later in Brooklyn. She earned her associate degree in audio-visual communications from the Inter-American University. Figueroa selected Empire State College because she was looking for a four-year college that would accept her hard-earned credits from her associate degree. Working with Mentor Mel Rosenthal of the college's Metropolitan Center, she earned her Bachelor of Science degree in communications in 2005.

"What I did at Empire State College enabled me to get this job," she explains. She previously worked for the PR giant

Omni Communications before moving to PepsiCo. When she started at her current job, she told her boss that she wasn't proficient at math or science, but he assured her it was all basic business skills, and if she had a good attitude she would do fine. "I never thought I'd be talking about sodium levels in beverages for a living," Figueroa jokes. ○

Tuscan Kitchen Bolognese Sauce

INGREDIENTS

1 garlic clove, smashed
2 lbs. of meat – a combination of veal and pork was suggested
onions
parsley
carrots
rosemary to taste
olive oil
white wine
salt
2 cans crushed tomatoes
2 cups of water

METHOD

1. Chop the vegetables fine and sauté with olive oil, white wine and salt until soft.
2. Add meat and cook about 30 minutes, keep stirring.
3. Add the tomatoes and water.
4. Cook about another 1 hour.



Alumna Sue Hohenhaus '03, '05 (center) along with her husband Jay and daughter, Haley, take the cooking class offered on the alumni trip to Italy last fall. One of the recipes from Tuscany is to the right.

College News

A Grateful Farewell to President Moore

President Joseph B. Moore: Highlights of His Accomplishments

Joseph B. Moore was appointed president of Empire State College in 2000, becoming only the second permanent president in the college's 36-year history. Recently, Dr. Moore accepted the presidency of Lesley University in Massachusetts and will be leaving Empire State College in June 2007. With appreciation, we recognize the impact Dr. Moore has had on the college in countless areas, including:

Academic Programs

- Oversaw implementation of the Urban Teachers Initiative, our Master of Arts in Teaching program.
- Laid the groundwork for new nursing degree program.
- Oversaw the expansion of international programs.
- Implemented a five-term calendar and learning opportunities inventory to increase study options and enable students to study with mentors anywhere in the college.

Personnel

- Oversaw the addition of 673 new employees from 2000 to 2005.
- Moved many adjunct faculty to regular payroll status.
- Appointed the first provost and vice president for enrollment management.
- Created associate dean positions at each center.



Joseph B. Moore, Empire State College's second permanent president, 2000-2007

- Increased student support through the addition of center-based student service professionals.
- Oversaw the creation of an online and telephone Student Information Center.

Fund-raising

- Spearheaded raising monies for the *Learners First* campaign, which has raised 82 percent of its \$51.5 million goal.
- Oversaw the refurbishing of 111 West Avenue in Saratoga Springs as home of the Center for Distance Learning and other administrative offices.
- Obtained \$26 million in capital funds to complete college facilities in Saratoga Springs and to begin building permanent regional centers throughout the state.

Alumni

- Presided over 64 graduations, both in the United States and abroad.
- Saw the ranks of our alumni increase by 16,000 – from 34,000 to more than 50,000 graduates.

Promotion of the College's Reputation and Image

- Increased the marketing and advertising budget by 600 percent.
- Oversaw a major college "branding" effort in 2002.
- Initiated a statewide image campaign that saw full-page ads for the college in every major daily newspaper across the state, as well as increased advertising via billboards and radio and television.
- Worked tirelessly with legislators and influencers, on both the state and national level, to advocate for educational opportunity and increased financial aid for adult learners.

Strategic Plan

- Leaves the college with a well-conceived, broadly-supported strategic plan designed to:
 - ★ increase enrollment and reach wider audiences of adult learners;
 - ★ promote greater retention and student academic success;
 - ★ embrace diversity with the goal of becoming one of the most open and diverse institutions within the State University of New York;
 - ★ and secure the external resources that will ensure the college's aspirations and future.

Faculty News

Faculty and Students Work with International Theater Team in Africa

Empire State College faculty and students took part last summer in a collaborative theater for development project in Lesotho, in southern Africa, exploring the themes of gender inequity, tradition, taboo, HIV/AIDS and stigma. The newly founded Winter/Summer Institute (WSI) in Theatre for Development is a collaboration of institutions in four nations – University of Sunderland in Great Britain, Empire State College, The University of Witswatersrand in South Africa and the National University of Lesotho. **Lucy Winner**, a professor in performing arts at the Metropolitan Center, and **Katt Lissard**, an adjunct faculty member and Empire State College alumna who spent eight months of 2005 on a Fulbright Fellowship at the National University of Lesotho, traveled to Lesotho with five students from the college. There they worked with students and faculty from the three other institutions to develop a piece of theater designed to challenge and educate participants and audience



The “gossips” comment on the action.

members alike. A great deal of stigma and denial surrounds the HIV virus in southern Africa, as it does in many other cultures. Both Lesotho and South Africa have been severely impacted by HIV/AIDS with roughly one-third of the population in both countries infected.

The project began with all of the participants doing readings in preparation for their work, including *Letting Them Die: Why HIV/AIDS Prevention*

Programmes Fail by Catherine Campbell, as well as other texts that explore cultural issues surrounding community health. The four groups of students and faculty then met in Lesotho for lectures, discussions and a film about traditional cultures, modernity, language, taboos and traditional practices versus contemporary medicine by faculty from the National University of Lesotho and community workers. Then, using a structure provided by the faculty members, the students improvised and responded to what they were learning, linking it to their own experiences.

Eventually the work they created became a play, *Dance Me to the End of Love* (Ntjeko Ho isa Pheletsong ea Lerato in Sesotho). The piece was performed a number of times in Lesotho, including on the campus of the National University of Lesotho and in the mountainous villages of the Malealea Valley where the students were joined by village groups in workshops and in a final performance.

The culmination was a performance,
(continued next page)



Musicians from three continents rehearse together.

Team in Africa

(continued)

featuring WSI students and 30 villagers, before an audience of over 500 people. The villagers then went on to found their own theater group, which they call Eradicate Negligence, to take the exploration even further. The performances were very well received, Winner said, with comments heard from the audience such as, “That’s just the way it is!” and “That’s just like us!”

“There was a tremendous amount of laughter and conversation,” Winner recalls. “The purpose,” she went on, “was to create a dialogue among students, faculty, villagers and with the audience; to have a conversation about the things raised in the plays.” One of the prevalent themes was gossip (how news travels in a small village making people hesitant to own up to their illness due to the stigma attached) and the related and resulting silence.

The project grew out of a combination of deliberate planning and a series of fortuitous connections and meetings between faculty from the different countries, explained Winner, and they plan to continue the work that they began in Africa.

Already, on December 2 and 3, the Empire State College students who had traveled to Lesotho helped Winner and Lissard run a residency at the Metropolitan Center – called Gossip, Silence and HIV/AIDS, Theatre for Development, Africa to New York. At the residency, the WSI students spoke about what they had learned and experienced, performed some of *Dance Me to the End of Love* and then led the nearly 40 residency participants through a condensed version of the Lesotho project – giving them the opportunity to consider the themes in relationship to their own experience in this country, and to create an entirely new performance.



FACULTY PROFILE:

Joyce Howland, Unit Coordinator, Alfred

This Economist Varies Mentoring with Studies on Language, Food and Culture



Joyce Howland

Although Alfred Unit Coordinator Joyce Howland’s primary area of mentoring is economics, she has begun facilitating more language and culture studies at the college, she said, because that is where the need is. She has always had a love of travel, and according to her college web site, has traveled and lived with families in Brazil, Chile, Costa Rica, India, Mexico, Nicaragua and Spain as well as visiting Korea, Japan and most of the countries

of Central and South America. As part of her introductory language and culture study groups, which she holds in Alfred and Rochester, Howland integrates a tasting of the various foods from the countries that her students study.

“I think that food is a very important part of culture, and it is one of the things that is most accessible,” she said. “It helps to develop the ‘flavor’ of what they are learning; it makes it more immediate ... My students learn not only about language, but they gain an appreciation for culture,” she explains.

Some of the foods she has had them sample are turrón, a confection of almonds, orange juice and chocolate from Barcelona; frutas-secas, a candied dried fruit dipped in chocolate; jicama, a sweet-flavored tuber root with almost the texture of a raw potato from Mexico, which is used in salad; tomatillos, small round tomato-type fruit in a papery shell shaped like a Japanese lantern; and quinoa, a BB-sized small high-protein grain grown in Peru. She has also had her students taste yerba mate, a tea that the gauchos drink when they come off the pampas – or grasslands – of Argentina, Uruguay and Brazil.

As part of the study groups, Howland assigns her students a paper based on a book originally written in Spanish from

a list that she has prepared; it could be something like *House of Spirits* by Latin-American novelist Isabel Allende or *The Three-Cornered Hat*, by Spaniard Pedro Antonio de Alarcon.

Howland grew up in a college town in Oregon where she was introduced to her love of food by helping her grandmother bake cookies. She earned her Ph.D. in economics from Vanderbilt University and her A.B. in economics from Wellesley College. She taught economics at Vanderbilt University, SUNY Oswego, and Onondaga Community College.

Immediately prior to coming to the college, she served as director of student services at California State Polytechnic University, College of Environmental Design/Fine Arts in Los Angeles.

She takes pleasure in working with adult students, because, “I am able to learn from them, as well as work with them.” As unit coordinator, her job has varied aspects, from administration to working with the alumni director, Maureen Winney, on alumni events, to recruiting students. She had previously tutored at Empire State College, and also had lived in Syracuse from 1972 to 1989, so coming back to the college “was a bit of a homecoming for me.”

I Did It ... *My Way*

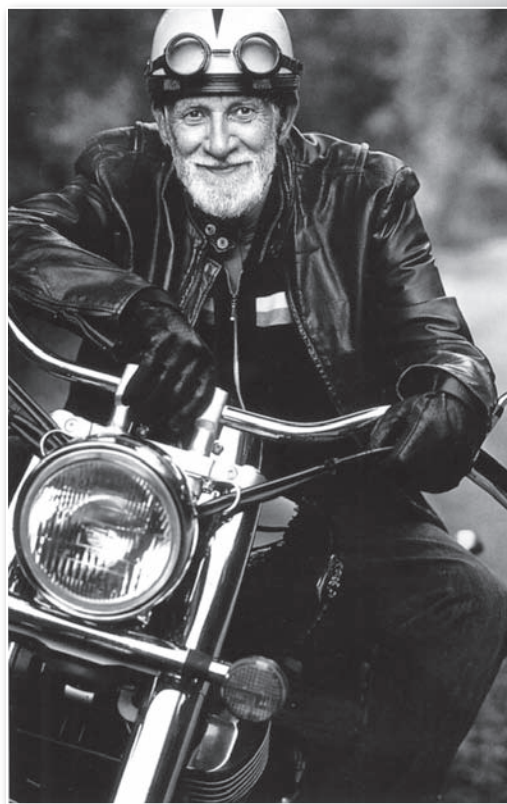
My will reflects my wishes and my values. I have decided to leave my estate to those I care most about instead of letting the state disburse my property.

My will lets me leave money to my children and also to my grandchildren, when I think they will be prepared for the responsibility.

My will identifies several charities to receive special bequests: our local hospital, an animal shelter and Empire State College.

My will can be amended at any time if my family's financial circumstances change.

My will is safely stored. I have a copy at home and the original is filed in my attorney's office. My will is legally valid. I benefited from the expert advice of an attorney who specializes in estate planning.



My will ... my way.

My will is my best plan for my beneficiaries and me. For years, I lived with a nagging apprehension about what might happen if I died without a will. Now, I have control over the future of my estate.

The Empire State College Foundation, Inc. would be honored to be included in your estate plans. Please call the Office of External Affairs at 518 587-2100 ext. 2413 for free information about wills and charitable bequests, or to discuss how you might direct the use of your gift.

Alumni News

Center for Distance Learning

Upon being presented the first United States Coast Guard (USCG) New Auxiliarist of the Year award at USCG headquarters in Washington, D.C., **Kevin Cady '04** was cited as having "... shown exceptional leadership and commitment to Team Coast Guard through his extensive volunteer support." Cady was honorably discharged from the Coast Guard in 1981 and joined the Auxiliary in 2003. His background includes five years as a trainer with the National Hockey League's Philadelphia Flyers, 20 years with the Portland, Maine Police Department and, presently, he is a fire fighter/investigator with the Portland Fire Department. Cady's most recent Coast Guard assignment, whereby he assists with contingency planning and intelligence support activities, has garnered him the Auxiliary Commendation Medal for "demonstrating exemplary commitment and teamwork by consistently providing superior service to Coast Guard Sector Northern New England (Planning Department) ..." He also is praised for his "... dedication, judgment and devotion to duty ..."

Gail Muckey '00 earned a Master of Divinity from Pacific School of Religion and, in 2006, was ordained. She is senior pastor of the Peace United Church of Christ, Walnut, Iowa, and also does youth work and is a hospice chaplain.

Raymond Rodriquez '03 writes that, "... obtaining my degree has given me an opportunity to achieve my childhood goal of being in law enforcement." In August 2006, he was sworn in as deputy sheriff with the Suffolk County Sheriff Department, Boston, Massachusetts.

Center for Graduate Programs

The family of **Janice French-Hill '07**, who earned her M.B.A., has double the reason to be proud. Her brother, **Steve French '07**, also was awarded a degree (bachelor's) from the college. According to French-Hill, "This is especially important to our family because Steve's schooling was interrupted several times due to war." French, then part of the 180th National Guard in Toledo, recently completed his contract with the

United States Air Force. French-Hill is a contract negotiator for Aetna whose memberships include Aspiring Minds of Toledo; Engaging People, Inspiring Change; and being co-chair American Cancer Society's Relay for Life and an active member of the Leadership Council at Christ Presbyterian Church.

Sharon Henesy '06 has been accepted into the Ph.D. program at Binghamton University.

In 1988, her attention caught by a national news story about Hale House, which cares for infants born with aids, **Sister Beth LeValley '96** sought out a way that she and the Sisters of St. Joseph might help. Social Services let her know that foster care homes were needed for medically fragile infants and that is how the Daystar Foster Care Program began. The program has evolved and, in 2002, Daystar opened the first nursing supervised licensed medical child-care program in western New York. This is but one the many worthwhile endeavors of Sister Beth LeValley and the Sisters of St. Joseph, based in Rochester, New York. Among Sister's LeValley's many interests are universal healthcare and the Underground Railroad project.

Mary Raymond, a 1999 graduate of the Center for Distance Learning and 2004 graduate of the Center for Graduate Programs, has earned the designation of Certified Protection Professional (CPP) awarded by the Professional Certification Board of the American Society for Industrial Security. She is one of only 4,500 active CPP's worldwide. In November 2006, following 24 years of service with the United States Secret Service, Raymond retired from her position as assistant division chief of the Technical Security Division Field Office Support and Operation. She is now a protective security advisor with the Department of Homeland Security in New York City.

Jim Southard, a 2007 graduate of the Master of Business Administration degree program and assistant director of fiscal services for the Syracuse City School District, was appointed to the Liverpool school board and also elected to the

Onondaga-Cortland-Madison Board of Cooperative Educational Services.

Center for International Programs

Susan Brannon '04, who lives in Italy, is nearing completion on her master's degree at Antioch University, Ohio. Also nearing completion, is *The Stories Untold*, a book she is writing which draws on her experience as a photojournalist and United Nations worker during the second intifada.

Central New York Center

Deborah Augst '00 has been promoted to assistant vice president with Tompkins Trust Company. She brings 16 years of experience in mortgage banking and five years of experience as a realtor to the position.

Having begun her career with SUNY Upstate Medical University in 2001 as operations manager and then assistant director, **Susan Campanaro-Murphy '03** has been promoted to director of environmental services with the university.

Photographs by **Christine Galin '05** were part of an exhibit titled Better Than Words held by the Delavan Art Gallery.

Norman Goldschmidt '96 has held many positions of increasing responsibility within Bristol-Myers Squibb since joining the company in 1990 – most recently he has been named senior director process engineering design. He will lead a team of engineering design professional supporting the business with technical analysis, feasibility studies and design to ensure the development of efficient and effective projects for active pharmaceutical ingredients (API), drug product and Pharmaceutical Research Institute functions.

Having earned an associate degree in nursing from St. Joseph's School of Nursing, **Catherine Hanover '06** concentrated in healthcare administration while at Empire State College and has recently been named vice president at St. Elizabeth Medical Center. She will be responsible for

marketing, public relations and government affairs for the medical center.

Genesee Valley Center

Brothers **Joe and Mike Silvestro '02** were panelists at the Rochester Security Summit held by the Rochester Chapter of the Information Systems Security Association, University of Rochester and Rochester Institute of Technology. The summit focused on combatting phish attacks, identity theft, fraud and other hindrances to e-commerce. Joe Silvestro is following in his brother's footsteps and also is a student with the college.

Craig Snyder '06 is an adjunct professor of applied music at Finger Lakes Community College.

Marianne Stoddard '95 is director of training and development with Lending Tree, Charlotte, North Carolina. She is a member of the American Society of Quality as well as the American Society for Training and Development and is Six Sigma Black Belt and Management Black Belt certified.

The Harry Van Arsdale Jr. Center for Labor Studies

With 33 years of service to his credit, **Scott Morgan '86** has been named manager of the National Center for Employee Development, a high-technology learning center of the U.S. Postal Service. He will direct delivery of national training for the U.S. Postal Service and manage the 72-acre, postal service-owned campus in Norman, Oklahoma. Following graduation from the college, Morgan continued his studies earning a B.S. from Albertus Magnus University and completing both Cornell University's Industrial and Labor Relations Program and Columbia University's Executive Development Program.

Hudson Valley Center

Dorothy (Smith) Childers, '79, has been awarded a 2007 Pew Fellowship in Marine Conservation to study climate change strategies. Childers, program director and former executive director of the Alaska Marine Conservation Council, will receive \$150,000 to conduct a three-year conservation project designed to address critical challenges to healthy oceans, and the impact of climate change in the Bering Sea.

She will work with the AMCC, a community-based organization of fishermen, traditional subsistence harvesters, scientists, small business owners and families whose livelihoods depend on healthy ecosystems.

Carol Davis '80 has joined First Federal Savings and Loan as an account executive in their residential lending division.

Henry Themal '82, age 88 and residing in Port St. Lucie, Florida, devotes his creative energy to writing poetry.

The Rev. Sandra Sue White '98, who earned a master's degree in theology, is an ordained elder and senior associate pastor with University United Methodist Church, San Antonio, Texas. She was named among the top 25 pastors of the year, 1995, by the Southwest Texas Conference, United Methodist Church.

Long Island Center

June Christian '05 writes that she "believes I have found my calling and a second career." She is working toward a Master of Arts degree at Adelphi University's Derner Institute for Advanced Psychological Studies. Christian also has been inducted in the international women's organization, Zonta, and is vice president of the board of directors for the Friends of the Adelphi Library.

Timothy Johnson '83 has been promoted to associate professor with Wentworth Institute of Technology, Boston, Massachusetts.

Fred Meyer '92, a substitute teacher with the East Meadow School District – teaching at the middle school and high school level, writes that, "I am grateful to Empire State College as my degree was a ticket to pursue a teaching profession." Prior to finding his niche in teaching, Meyer, who earned a diploma in eletro/mechnical technology from the City University of New York, was a technician with a distributor of major appliances.

The accomplishments of **Jeffrey Palen '06**, who has been a police officer with the Suffolk County Police Department since 1992, are many. He is a staff sergeant and noncommissioned officer in charge of training with the 14th Brigade of the New York State Guard, is certified by the National Incident Management System of the Federal Emergency Management Agency, is an instructor and member of the

Community Emergency Response Team, is a search and rescue volunteer with the New York State Department of Environmental Conservation, and is an EMT. His personal interests include being an historical re-enactor of the American Revolution and French and Indian War; being a primary and intermediate school living-history interpreter; being a historical costume consultant with the Minstrel Player Theater Group; and an independent film actor.

Vincent Sweeney '76 began his career in the Merchant Marine in 1943 serving in WWII and ended his career following Desert Storm, Iraq. Having just turned 81, he writes us that, "... my diploma was the key to my being appointed as a damage control officer (DCO) with the Military Sealift Command, United States Navy. Being a DCO provided me with a grand finish to my years on deep sea vessels and as a pilot on New York fire boats ..."

Ronald Villano '04 is the author of *The Zing*, a self-discovery guide to help you go from living life to loving the life you live. Ron's background includes being a licensed mental health counselor, certified alcohol and substance abuse counselor, psychotherapist, inspirational speaker, and professional and personal counselor.

Metropolitan Center

Corinne Cody '84, a C.P.A., has joined the staff of Judelson, Giordano and Siegel, a full-service accounting and business consulting firm. She is a member of the American Institute of Certified Public Accountants and the New York State Society of Certified Public Accounts as well as being treasurer of the Viking Aquatic Club and finance chairperson for Metropolitan Swimming, Inc.

Robert L. Cohen '93 has been editing books and other publications – for publishers, individuals and think tanks – for many years (recently, reference books, memoirs and public policy papers on international relations and urban affairs; he also contributed an extensive monograph to *Inventing Community Renewal: The Trials and Errors That Shaped the Modern Community Development Corporation* [New School University]). Cohen also continues the lecturing and teaching on Jewish music – and on New York City songs and doo-wop – profiled in the – issue. For the last seven years, he's been

(continued on page 23)



Penny Jennings '06 and her husband Dudley Hunte, celebrate her graduation at the Center for Distance Learning mixer last fall.

BACK TO YOU

Alumni and Student Events
Around the College

Have you recently published an article, paper or book?
We would love to hear about it for our next issue.
Please contact Maureen.Winney@esc.edu.



We kicked off our alumni travel program with our first trip to Italy. Here's the group of alumni and friends in Florence.



Alumni reconnect at the all SUNY Alumni Reception in San Francisco (l-r) Carla Reiner '94, Toby Tobroke, Tom McCabe '00, Silke Taylor '84.



Josie Curtice '06 stands in front of one of her art works in the Genesee Valley Center Art Show.

BACK TO YOU

Alumni and Student Events
Around the College



Empire State College instructor Raul Manzano '05 (center) escorts his "Museums in New York City" class through the Museum of Modern Art.



President Moore meets the Alumni Student Federation Board of Governors at their fall meeting in Saratoga Springs.
Back row (l-r) Jay Marshall '06, Mike Elefante '99, John Corrou '94, Peter Maloney '03, '06, President Joe Moore, Jim Cornell '02, '03, David Morrell '96, '03, Ron Heath '02, front row (l-r) Deanna Riddick '03, '05, Marian Conway '01, '04, Judy Parkhurst '98, Deborah Oberhofer '05, Linda Moore '90, '93, Deborah Putnam '92, '95, '02, Denise Bartlett '03, '05, and Paul Annetts '01, '03

(continued from page 20)

one of the most sought-after speakers in the Speakers in the humanities program of the New York Council for the Humanities Cohen recently reissued his compilation CD of contemporary American-Jewish music for prayer: *Open The Gates! New American-Jewish Music for Prayer, Vol. 1* (available at cdbaby.com/openthegates). Peter Yarrow of Peter, Paul and Mary said of this CD: *“There are intensely beautiful gems in this collection of Jewish songs You will feel the sorrow, the hope, and the joy of generations past – Such is the gift of this music.”*

Peter Esposito '04 has been promoted to the rank of lieutenant by Raymond Kelly, police commissioner, City of New York.

Sandy Kortland '88 has self published, *The Classroom Diaries*, based on her experiences in the New York City school system.

Kathryn Simon '04, who during her studies concentrated in art and design, is cultural producer with Vermillion Media, an adjunct professor at Parsons School of Design and also works in the Metropolitan Museum’s Costume Institute. She is

working towards her Ph.D. in media and art.

Charles Small '00, a court officer, last year graduated from Brooklyn Law School and awaits the results of the bar exam.

Felix Urrutia Jr. '94 has been appointed executive director of the Police Athletic League (PAL), New York City’s largest, nonprofit, independent youth organization. Robert Morgenthau, chairman of the board of directors of PAL and New York county district attorney, said that, “Felix has shown great dedication and diligence in assuring that New York City youths benefit from PAL and its wide range of programs. His strong leadership and management acumen and his ability to implement successful and innovative programs for children are essential in supporting PAL’s mission.” Urrutia has made significant contributions to PAL, first as director of their New South Bronx Center, which opened in 1996, as Bronx borough director and as director of special operations. Having earned an M.S. from Hunter College, CUNY, he now teaches non-for-profit management at Hunter and recreation and facility management at

Lehman College. He is second vice chair of Bronx Community Board 2, a member of the New York Police Department 41st Precinct Community Council and a consults with the New York City Council’s Office of Oversight and Investigations.

Niagara Frontier Center

Rocco Diina '01 has been named to the board of advisors of Universal Global Holdings, an emerging global leader in nonlethal protection products, integrated transportation and global supply chain security systems, and strategic security services to protect against terrorist, criminal and security threats to governments and businesses worldwide. Diina, a 37-year veteran of the Buffalo Police Department, has served as police commissioner for the past seven years and is the founder and former chairman of a successful security business. He has been a member of the Major Cities Joint Terrorism Task Force, the Major Cities Chiefs, the Police Executive Research Forum and the American Society of Industrial Security Conference.

(continued on page 24)

Retired Bank President Receives Honorary Degree



Joseph L. Mancino '80

Joseph L. Mancino '80, recently retired co-chairman of the New York Community Bank, and former president and chairman of the Roslyn Savings Bank, received the degree of Doctor of Humane Letters, honoris causa, from Empire State College at its Long Island

Center graduation on October 13. The college graduated 219 associate, bachelor’s and master’s degree candidates that evening.

Mancino was recognized for his contributions to business, banking and economic development, his extraordinary community service and his advocacy of higher education as an integral element in the well being of communities and the state.

Mancino took an entry-level banking position in 1958 and rose through the ranks, mainly at Roslyn, as a teller, head teller, assistant auditor, auditor, assistant branch manager, branch manager, mortgage officer, vice president and finally president and chairman of the Roslyn Savings Bank, which under his leadership grew into a 39-branch, \$12.5 billion enterprise. The bank made its name by moving into areas that were underserved by most other banks.

Active in the banking industry, he chaired the President’s Forum of the

Community Bankers Association of New York and was a member of the Thrift Institutions Advisory Panel of the Federal Reserve Board of New York. He served as a director of the M.S.B. Mutual Fund, Inc., the Retirement Systems Group, Inc., and the SBLI-USA Mutual Life Insurance Company, as well as serving on numerous boards.

Mancino never forgot from whence he came. He has been active in his community as a volunteer, humanitarian and philanthropist. In 1997, Mancino founded The Roslyn Savings Foundation, which is committed to providing grants designed to further community development, expand home ownership, and provide access to affordable housing in the community served by Roslyn Savings Bank.

The foundation supports community initiatives in the areas of health, education and cultural activities. He also established a scholarship fund for students at Empire State College.

Chris Klimecko '04 is director of human resources and information systems with the Red Bird Mission. The mission is part of the General Board of Global Ministries of the United Methodist Church and provides educational, health and community outreach ministries to low-income residents of the Appalachian Mountains in Southeastern Kentucky.

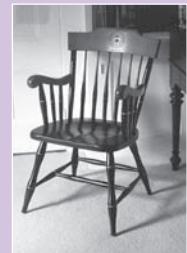
Dorothy Kuell '99 is marketing/senior living transition counselor with Fredonia Place, a full-service senior living community. She became a community nutrition educator through work with Cornell University and is an adult day care coordinator. Her memberships include the Girl Scouts of America, American Heart Association, Cancer Society, United Way and the Lake Shore Hospital Foundation.

Angela Territo '05, who has held a NYS real estate associate license since 1980 and her broker's license since 1984, is director of career development with Coldwell Banker Prime Properties. A graduate of the New York State Instructors Training Institute, she is a full-time trainer offering a 120-day guaranteed success sales system for agents. Territo is vice president and co-chair of the Women's Council of Realtors.

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